

Rheumatology Consultation Form

Referring Provider Information

Physician Name: _____

Office Contact: _____

Phone: _____

Fax: _____

Patient Information

Name: _____

Gender: _____ DOB: ____ / ____ / ____

Phone: _____

Insurance: _____

(Send a copy of front and back of insurance card with this form)

Suspected or Confirmed rheumatic condition

- RA Rheumatoid Arthritis / Joint Inflammation
- AS Ankylosing Spondylitis / Inflammatory Back Pain
- PSA Psoriatic Arthritis
- Uveitis/Oculars Inflammation
- Gout Lupus

Information Needed With Referral: Most Recent office notes, medication list, any lab or x-ray results pertinent to diagnosis

RA/Joint Pain

RA may be suspected if a patient has symptoms ≥ 6 weeks **AND any of the following are true**

Check all that apply.

- Swollen Joints (≥ 1 small joints or ≥ 2 large joints)
- Positive Squeeze Test
- Morning Stiffness ≥ 1 hr

RA Blood Tests

- CRP C-reactive protein >10 mg/L
- Rheum Factor >20 IU/mL
- Anti-cyclic citrullinated peptide (anti-CCP): >20 U/mL
- Elevated ESR Sed Rate
- Positive ANA

Lupus

**Lupus criteria updated by ACR
Positive ANA is entry criteria**

Check all that apply.

- Fever
- SCLE/DLE
- ACLE
- Oral ulcers
- Alopecia
- Arthritis/Joint Involvement
- Acute pericarditis
- Proteinuria
- Seizures or psychosis
- Leukopenia, Thrombocytopenia, or Autoimmune hemolysis

Lupus Test

- Positive ANA
- Anti-dsDNA
- Anti-Smith Antibody
- LOW C3 or C4

AS/ Inflammatory Back Pain

(pain > 3 months)

Check all that apply.

- Insidious Onset
- Pain at Night
- Age < 40 yrs
- Improves with Exercise
- No improvement with Rest

Ocular Inflammation

AS Blood Tests

- Positive HLA-B27
- Elevated ESR Sed Rate
- CRP C-reactive Protein > 10 mg/L

GOUT

- Uric Acid >8

Psoriatic Arthritis

- P** Swollen joints
- S** Stiffness, Sausage Digit
- A** Axial Spine / Back Pain that improves with activity

Check all that apply.

- Psoriasis
- Nail Dystrophy
- "Sausage Gigit" (Dactylitis)

PSA Labs

- Rheum Factor > 20 IU/ml
- Elevated ESR Erythrocyte Sedimentation Rates